

Sit Down – James

**I sing myself to sleep
A song from the darkest hour Secrets I can't keep
In sight of the day
Swing from high to deep Extremes of sweet and sour Hope that God exists
I hope, I pray**

**Drawn by the undertow
My life is out of control
I believe this wave will bear my weight So let it flow**

**Oh sit down
Oh sit down
Oh sit down
Sit down next to me
Sit down, down, down, down, down In sympathy**

**Now I'm relieved to hear
That you've been to some far out places It's hard to carry on
When you feel all alone**

**Now I've swung back down again it's worse than it was before
If I hadn't seen such riches
I could live with being poor**

**Oh sit down
Oh sit down
Oh sit down
Sit down next to me
Sit down, down, down, down, down In sympathy**

**Those who feel the breath of sadness
Sit down next to me
Those who find they're touched by madness Sit down next to me
Those who find themselves ridiculous
Sit down next to me**

**In love, in fear, in hate, in tears
In love, in fear, in hate, in tears
In love, in fear, in hate, in tears
In love, in fear, in hate**

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Down

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